

A Weekend Symposium presented by the Calistoga Institute

The Surprising New Science of Heart Health

Myacamas Ranch, Calistoga, CA
May 14 - May 16, 2010



Mark Wexman, Md, FACC
Cardiology

Calistoga Institutes heart symposium takes a look at new paradigms that promise to revolutionize the culture and practice of heart health in America.

Join health professionals and health enthusiasts for an intimate and stimulating dialogue. This unique symposium draws on diverse perspectives to bring increasing coherence to our practice of heart health.

In *The Surprising New Science of Heart Health* preeminent practitioners explore:

- ♥ *Anatomy and Physiology*
- ♥ *Lifestyle and Social Factors*
- ♥ *Diet, Exercise, and Sexuality*
- ♥ *The Heart and Our Emotional Life*
- ♥ *Touch, Breath, and Spirituality*

Space is limited, so register early at:
<http://calistogainstitute.eventbrite.com>

Calistoga • Institute

Optimal Well-Being Regenerative Culture Inherent Unity

For more information on the web: www.calistogainstitute.org
e-mail: info@calistogainstitute.org phone: 707-912-8130

Also Featuring Emmy Award winning composer Gary Malkin and his special guest Kim Rosen "*Music and Poetry of the Heart*", plus pioneering Somatics Teacher Servaas Maes



Bill Gottlieb
Health Writer & Editor



Dennis Malone, MSW
Executive Chef & Lifestyle Educator



Gary Malkin
Composer & Producer



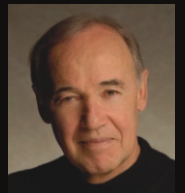
Kim Rosen
Poet



Servaas Maes
Somatics Teacher



Meg Jordan, PhD, RN
Medical Anthropology



Len Saputo, MD
Integrative Medicine



Steven West, ND, Dipl Ayur
Ayurvedic Medicine



Scott B. Anderson, MD
Yoga Science



Charles Ridley
Biodynamic Cranial Therapy